

SMYRNA OUTDOOR LEAGUE RULES:

The goals of this league are to promote good sportsmanship, fair play, healthier individuals, and improved volleyball skills.

In keeping with these goals Honor Calls are expected and encouraged.

The Current Year's Beach Volleyball Domestic Competition Regulations in general, shall govern play with the following exceptions:

1. CO-ED PLAY (4's)

1.1 The serving order shall be male and female alternated or vice-versa, alternating male and female service order must be maintained.

1.2 If a team contacts the ball more than one time during offensive action, one of the contacts must be by a female player, but there is no restriction preventing all three team hits from being made by female players. Contact of the ball during blocking action does not count as one of the three team hits. Therefore, after a block, a male player may play the ball back over the net as such contact would be considered the first team hit.

1.2.2 A ball contacted more than once by a team, without a female player having contacted it, remains live and does not become an illegal hit until it fully crosses the plane of the net or is legally contacted by an opponent.

1.2.3 An illegally hit ball blocked by an illegal blocker results in a double fault, and a play over is directed

1.3 Uniforms are not required, Similar colored shirts are suggested.

1.3.1 It is forbidden to wear any object that may cause injury to a player, such as pins, bracelets, casts, excessive jewelry, etc.

A player who wears any jewelry does so at their own risk.

1.3.2 Players may wear glasses and hats at their own risk

1.3.3 Players must play barefoot, except when authorized by the referees to play in "Sand Socks"

1.4 The league will provide a game ball which conforms to current specifications.

1.5 The height of the net for co-ed play shall be 2.43 m (7'11 5/8").

1.6 A shared warm up period not to exceed 5 minutes will be provided prior to a team's first game of the night.

1.7 Each team will have one (1) Thirty second time out per game.

1.8 Games will be played to 21 and teams will switch sides on multiples of 7.

2. TEAM ROSTERS & COMPOSITION

2.1 A team roster will be filled out prior to the season and submitted to the Smyrna Parks & Rec. Dept.

2.1.1 A player will not be allowed to appear on more than one team's roster for any given season.

2.1.2 A player may sub providing that they do not play in more than one session on any given night.

2.1.3 A player who plays with the same team three or more weeks will be added to that team's roster.

2.1.4 If a player wishes to be transferred from one roster to another, such transfer will be granted only upon agreement from both team captains..

2.2 For Co-Ed play, the number of male players on the court may only exceed the number of female players by one.

3. Playing Rules

3.1 The rally begins and ends with the official's whistle,

3.1.2 If the whistle is due to a playing fault, the ball is out of play from that moment.

3.2 The block will not count as a touch, after a block the team will have three hits to send the ball into the opponents court.

3.3 There are no determined positions on the court; only service order must be maintained.

3.3.1 The referee will track the service order and correct any incorrect order prior to the serve. If a serve occurs the service order will be corrected and a replay directed, if no point has been scored. If a point has been scored the results of the play will stand and the correct server will continue serving.

3.4 A ball is "in" when it touches the ground of the playing court including the boundary lines.

3.5 A ball is "out" when it touches the ground outside of the boundary lines (without touching them).

3.5.1 A ball is "out" when it touches the ropes, posts outside of the sidebands of the net or crosses outside of the posts.

3.6 On any first team hit, **unless it is played overhand using fingers (See 3.6.1)**, the ball may contact various parts of the body consecutively, provided that the contacts occur during one action.

3.6.1 Plays involving finger action require special attention. If the play is defensive and reactive in nature, as in the case of a hard-driven ball, momentarily held or double-hit balls are not considered faults. If the player decides/intends to employ finger action, as in the cases of off-speed hit defense or setting, the action must be "clean."

3.6.2 A Serve is **NEVER** a hard driven ball.

3.7 There is no center line and it is only a violation to enter the opponent's space if it interferes with the opponent's play.

3.8 It is not a fault to contact the net unless it is made during the action of playing the ball.

3.8.1 It is a fault to move your hands or body to prevent the ball from rebounding naturally out of the net.

3.9 It is a fault to attack the ball using an open-handed tip or dink.

3.9.1 It is a fault to intentionally complete an attack-hit using an overhand set that gives the ball a trajectory not perpendicular to the line of the player's shoulders.

4 Player Responsibilities

4.1 Participants must know the Beach Volleyball Domestic Competition Regulations and abide by them.

4.2 Participants must accept referees' decisions with respectful conduct, without disputing them.

In case of doubt, clarification may be requested.

4.3 Participants must behave respectfully and courteously in the spirit of FAIR PLAY, not only toward the referees, but also toward other officials, their teammates, the opponents, and spectators.

4.4 Participants must refrain from actions or attitudes aimed at influencing the decisions of the referees or covering up faults committed by their team.

4.5 Participants must refrain from actions aimed at delaying the set.

4.6 If there is an issue regarding rules, eligibility or behavior issues the decision of the Smyrna Parks & Rec. Dept. and or the League Director will be final.